Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_\_\_\_ Due Date\_\_\_\_\_\_\_\_\_\_\_\_\_

SWIM MEDICAL ASSIGNMENT #3: SWIM STROKE \_\_\_\_\_Backstroke\_\_\_\_\_

You will need to create a Power Point presentation that includes information from the following questions. Please use informational websites as resources, as well as books in the library to assist you in gathering information. This will make-up for a week of not swimming.

-Your Power Point should not be an essay on a slide.

-Use bulleted points to give your information.

-Pictures and clipart can enhance your presentation, but they should NOT make up the main part of the project. They are there to add to your information.

-Choose colors and backgrounds that are easy to read

-The goal of this presentation is to be provide information about the particular swim stroke as though the audience did not know a lot about swimming

-Not all the information for each point will fit on one slide. You may need to use multiple slides for a topic

-Be sure to include a title slide with your Name, Grade, Class Period & Day

The following are the main points that you need to cover and underneath each point are a list of smaller details that will help guide you in the right direction.

* Introduce Stroke
  + Briefly describe the stroke
    - What does the person’s body look like?
    - Are they on their back? Stomach? Side?
    - What kick are they using?
    - What are their arms doing?
  + Find a video of someone swimming in a race using that stroke
    - Copy the link or insert the video into the PowerPoint
* Teaching the Stroke
  + What are the teaching cues for the kick?
  + What are the teaching cues for the arms?
    - Teaching cues should be short, little “reminders” to help someone remember what to do
* Olympian Bio
  + Find an athlete from the 2016 Rio Olympic Games who swam this stroke in a race (it does not have to be an American swimmer)
  + Research them to find information about them
    - Name
    - Age
    - Hometown
    - College (if they went)
    - How many Olympics have they gone to? Which ones?
    - Have they won any medals? How many? Which ones?
    - Do they hold any national, Olympic, or World Record times?
    - What events and distances did they swim in Rio? How did they do in those races?
    - Any other fun facts
    - Also include a picture of the athlete
* Key Vocabulary
  + Define the following terms:
    - Backstroke
    - Flutter Kick
    - Bilateral Breathing
    - Relay
    - Streamline
    - Recovery (Stroke)
* References
  + List all websites, books, or other sources you used